



2023 Five Seasons Dual Meet Tournament

FOR BEGINNER YOUTH WRESTLERS

When: Sunday, January 29th, 2023, Wrestling begins at 9:00 am

Grades: K-6th

Eligibility: No AAU State qualifiers or AAU Super Pee Wee place winners. No USA State place winners.

Exception: Wrestler qualified for AAU state without winning a match and did not win a match at state. For USA state if the wrestler placed without winning a match. **No other exceptions.**

Weigh-ins: Sunday January 29th from 7 to 8:30am

We will be covering the tenths digit on the scale as a scale allowance (0.9 lb allowance)

Location: Cedar Rapids Kennedy High School 4545 Wenig Rd NE Cedar Rapids, IA

K-6th Duals:

- 3 dual matches guaranteed
- 20 weight classes and up to 5 alternates = 25 wrestlers per team maximum
- 3 – 1 minute periods
- \$350 Registration Fee for each team
- Weight Classes:
 - 42, 46, 50, 52, 54, 56, 58, 60, 62, 64, 66, 68, 70, 74, 78, 84, 90, 100, 110, 125
- Certified Officials
- Concession Stand all day
- Trackwrestling.com will be used to run the tournament

Team Entry Fee is \$350

You will be able to bump a wrestler up one weight for any match. A wrestler cannot be in this event if he is 13 years or older. Please be prepared to show proof of age/grade if challenged. Each team will be allowed 2 coaches. ***We will provide table workers for this event.***

To register please email nleclere@crschools.us Nick Leclere – Kennedy High School Head Wrestling Coach.

Spectator entry fees/Concessions:

Adults - \$5.00

Students (ages 5-17) - \$2.00

4 & under – free