



REGINA HOLIDAY TOURNAMENT

Regina Jr/Sr High School
2150 Rochester Ave, Iowa City, IA 52245
December 18th, 2022
Enter building through Activities Entrance on North side of school
Weigh-Ins @ 12-12:50 PM, Wrestling Starts @ 1 PM

Registration:

\$20 per wrestler

Register www.regalwrestling.com or http://www.trackwrestling.com/registration/TW_Register.jsp?tournamentGroupId=209470132 or search "Regina Holiday Tournament"

Payment through Trackwrestling, onsite check to "Regina Wrestling", or Venmo @Zach-Ries with "Holiday Tournament" in note section

Registration deadline is 12/17/22 @ 11:59 PM

Divisions:

PreK- Kindergarten

1st- 2nd Grade

3rd-4th Grade

5th-6th Grade

7th-8th Grade

Setup:

4-man round robin

PreK through 6th Grade will wrestle 1-1-1 minute periods

7th and 8th Grade will wrestle 2-1-1 minute periods

Wrestlers will try to be paired with those of similar skill level. Those with more experience have opportunity to bump up an age group

Separate gender groups are desired but may combine boys with girls based on

Admission:

\$5 Adults

\$3 Students

Concessions available throughout the day

No coolers allowed in the gym

Regal Wrestling Club and Regina will not be responsible for lost items or liable for accidents. All wrestlers are responsible for their own insurance.

Contact and Questions:

Please call or email Zach Ries @ 319-333-4007 or zachries319@gmail.com

